

SCC Pool Schedule

💧 SUNDAY

8:00 AM–12:55 PM ... **Adult Swim**^{*1} (men)
11:00 AM–12:55 PM ... **Father/Child Coed Swim**^{*2}

1:00–6:25 PM **Open Swim** (women)
3:30–6:25 PM **Mother/Child Coed Swim**^{*2}

6:30–9:00 PM **Open Swim** (men)

💧 MONDAY

6:30–8:55 AM **Early Bird Adult Swim**^{*1} (men)

9:00 AM–12:55 PM ... **Adult Swim**^{*1} (women)
12:00–12:45 PM **Water Exercise** (women)

1:00–2:00 PM **Swim Classes** (Nursery)

3:30–5:00 PM **Private Swim Classes**

5:00–9:00 PM **Open Swim** (women)
6:00–7:00 PM **Mother/Child Coed Swim**^{*2}

💧 TUESDAY & THURSDAY

6:30–8:55 AM **Early Bird Adult Swim**^{*1} (men)

9:00 AM–12:55 PM ... **Adult Swim**^{*1} (women)

1:00–2:00 PM (Tues. only) . . **Swim Classes** (Nursery)

3:15–4:00 PM (Thurs. only) . **Small Fry Swim**

5:00–6:00 PM **Adult Lap Swim**^{*1} (men)

6:00–10:00 PM **Open Swim** (men)
6:00–7:00 PM **Father/Child Coed Swim**^{*2}

💧 WEDNESDAY

6:30–8:55 AM **Early Bird Adult Swim**^{*1} (men)

9:00 AM–12:55 PM ... **Adult Swim**^{*1} (women)
12:00–12:45 PM **Water Exercise** (women)

1:00–2:00 PM **Swim Classes** (Nursery)

2:00–3:00 PM **Imagine Academy**

3:00–4:00 PM **Private Swim Classes**

5:00–9:00 PM **Open Swim** (women)
6:00–7:00 PM **Mother/Child Coed Swim**^{*2}

💧 FRIDAY

6:30–8:55 AM **Early Bird Adult Swim**^{*1} (men)

9:00 AM–12:55 PM ... **Adult Swim**^{*1} (women)

1:00–4:00 PM **Private Swim Classes**

💧 SATURDAY

Opening–10:30 PM ... **Open Swim** (men)

Men's Hours
Women's Hours

Updated August 2016

*1 Adults are defined as those 16+

*2 To qualify for coed swim, children must be under 6-years-old and under.

SCC Pool Schedule

MEN'S HOURS

SUNDAY

8:00 AM–12:55 PM Adult Swim^{*1}
11:00 AM–12:55 PM Father/Child Coed Swim^{*2}
6:30–9:00 PM Open Swim

MONDAY & WEDNESDAY

6:30–8:55 AM Early Bird Adult Swim^{*1}

TUESDAY & THURSDAY

6:30–8:55 AM Early Bird Adult Swim^{*1}
5:00–6:00 PM Adult Lap Swim^{*1}
6:00–10:00 PM Adult Swim^{*1}
6:00–9:00 PM Father/Child Coed Swim^{*2}

FRIDAY

6:30–8:55 AM Early Bird Adult Swim^{*1}

SATURDAY

Opening–10:30 PM Open Swim

WOMEN'S HOURS

SUNDAY

1:00–6:25 PM Adult Swim^{*1}
3:30–6:25 PM Mother/Child Coed Swim^{*2}

MONDAY

9:00 AM–12:55 PM Adult Swim^{*1}
12:00–12:45 PM Water Exercise
5:00–9:00 PM Adult Swim^{*1}
6:00–7:00 PM Mother/Child Coed Swim^{*2}

TUESDAY & THURSDAY

9:00 AM–1:00 PM Adult Swim^{*1}

WEDNESDAY

9:00 AM–12:55 PM Adult Swim^{*1}
12:00–12:45 PM Water Exercise
5:00–9:00 PM Adult Swim^{*1}
6:00–7:00 PM Mother/Child Coed Swim^{*2}

FRIDAY

9:00 AM–12:55 PM Adult Swim^{*1}

^{*1} Adults are defined as those 16+

^{*2} To qualify for coed swim, children must be under 6-years-old and under.